

# ABSTRACT OF THE DISCLOSURE

An ink for ink jet recording which provides high-quality images excellent in weather fastnesses is provided, which is an ink for ink jet recording, comprising a yellow dye having a specific characteristic wherein the total amount of a cation other than a monovalent metal ion, a hydrogen ion, an ammonium ion, an organic quaternary nitrogen ion and an ion formed by proton addition to the nitrogen atom in basic organic material is not more than 0.5 wt% based on the amount of the ink.